



November 2021

Dates to Remember

November 7

Family services &
Shichi-Go-San Ceremony

Our Mission: Paia Mantokuji is a Soto Zen Buddhist temple founded in 1906 by a community of Japanese immigrants. Our mission is to be a place of compassion, respect and kindness for all who seek truth through the teachings of Buddha, the practice of Zen meditation and arts, and the fellowship of the temple sangha.

Our Vision: Paia Manokuji's short term vision is to stay in place in Paia, grow, develop and mitigate erosion if possible.

Our Values: Honor Traditions

- Respect Ancestors
- Embrace Inclusivity
- Nurture Fellowship
- Practice Compassionate Kindness
- Gratitude
- Appreciation & Humility
- Live the Dharma
- Embody Buddhism

Paia Mantokuji Soto Mission

P.O. Box 790207,
Paia, HI 96779

Tel: (808) 579 - 8051

E-mail: info@paiamantokuji.org

Web: www.paiamantokuji.org

Facebook: www.facebook.com/Mantokuji/

Mangan Team

Bobbie, Cathy & Isabelle

President's Message

Aloha Everyone,

As we close out the year with the beginning of the holiday season, it is good to know that the COVID problems of the summer have gotten better. Our Thanksgiving gatherings, while still smaller in size and respectful of our safety, are back on schedule. Here at Mantokuji, our gatherings are not the same without the once always present "Fujinkai ladies" of the nisei generation. Now all deservedly retired from their many volunteer work duties and assignments in Mantokuji's kitchen and at the major activities throughout the year, we cherish those precious times when the ladies are able to attend one of our events/services. We strive to continue the work and many traditions they and their husbands spent their lives devoting to Mantokuji. We gratefully honor their legacies.

There is no service this month, but we will have a small Shi-Chi-Go San ceremony on Sunday, November 7 at 9:00 am for our keiki celebrating a 3rd, 5th, or 7th milestone year.

Mahalo to those who have been helping us with our ongoing series of rummage sales. Take care.

With aloha,

Eric Moto
President Mantokuji Kyodan

Also enclosed in this issue:


Dharma Lei n.38

In this Issue...

President's Message	1
Reports	2
Announcements	3
Donations	4
Recipe	4
Calendar	5

Fujinkai News

The Fujinkai will be having their monthly meeting and clean up as follows:

November 14, 2021 at 8:30am

December 11, 2021 at 8:30am

Thank you to the Fujinkai ladies and friends and men who came on Sunday, September 19 to help clean the nokotsudo, help with the rummage and help with the maintenance on the temple grounds.

Bobbie Arita, Kathleen Davis, Kay Hanano, Sue Hiraga, Chester Kakiuchi, Donald & Shirley Ann Kimizuka, Judith Matoi, Eric Moto, Cathy Murayama, Diane Orikasa, Lois Sato and Neil Watanabe.

Kyodan Meeting Report

Held Sunday, September 19, 2021

Below are some of the topics that were discussed at the meeting.

- Erosion Plan update – Contractor CMAC Excavation was awarded the contract. Mantokuji's Erosion Project has not yet been approved by the Land Board on Maui. Contractor is having difficulty finding a sand source that is approved by DLNR.
- Bell Tower update – progress has been slow
- Autumn Higan & Ryosoki Service on Sunday, September 12 was cancelled
- Reverend Hata of Hilo Taishoji officiated the Hatsubon service and virtual O-Bon Services held on Saturday, July 10.
- Successful O-Bon Drive Through Food Sale was held on July 10
- Rummage and Plant Sale for August was postponed. Invitations will be sent out to members first to make an appointment to shop at the Rummage and Plant Sale. NO food will be sold.
- Bell Tower watercolor painting notecards, prints and metal print fundraiser – Order form will be included in the November mangan
- Give Aloha progress – as of September 12, \$982.72 has been donated to Paia Mantokuji
- Mantokuji member, Bernice Nagato, passed away on September 9
- Rev. Yoshida will conduct the Darumaki Service to be held on Sunday, October 3 at 10am
- Family Service – Shichi Go San Ceremony will be held on Sunday November 7 at 9am. Children who turn/turned 7, 5 or 3 years in 2021 are invited to participate
- Bee infestation in the temple floor is being addressed

Next Kyodan meeting will be on Sun, November 14, 2021.

Please join us for future meetings and be involved in these important discussions.

Give Aloha, Foodland's Annual Community Matching Gifts Program

A big **MAHALO** to all who made a donation at Foodland, Sack N Save or Foodland Farms to benefit **Paia Mantokuji**. Collectively, donations of \$2,768.08 were donated as of 9.28.2021. Your donations are partially matched by a gift from Foodland and the Western Union Foundation. Total donations and matching gift will be reported in December's mangan.

Special Thanks

To **Melina Murayama** for helping Reverend Hata facilitate the ZOOM meeting for the Hatsubon Service on July 10.

To **Neil Watanabe** who continues to keep the Japanese garden manicured.

To **Wayne Kobayashi of Printers Inc.** for donating all fundraising Bell Tower notecards and prints! Wayne and daughter, **Ashley Torricer**, have been generously printing our monthly newsletters at discounted prices. We are very grateful for their generosity.

Shichi-Go-San Ceremony

November 7th 2021 at 10:00am



We will have the Shichi Go San Ceremony on Sunday, November 7 at 10:00am.

If you have children, grandchildren or great grandchildren who have become or will be ages 3, 5 and 7 this year, please bring them for the Shichi Go San Ceremony to pray for their well-being. **Please call Eric Moto at 808.579.8051 by October 29 to sign up for this ceremony.** With the exception of children under age 12, all other participants must be vaccinated. All participants must wear a mask and social distance between families.

Memorial Services

Memorial services for families may be conducted on November 7, 2021 after the Shichi Go San Ceremony. Please call Eric Moto at 808.579.8051 by **October 29** to request a memorial service for a loved one.

Holiday Gift Ideas...

Paia Mantokuji, with the permission of artist Madelyn Tanabe, will be selling notecards, prints and metal prints of the stunning watercolor of Mantokuji's iconic Bell Tower. Please see the order form in this newsletter.



If you have not yet bought a copy of the United Hawaii Soto Shu Women's Association (aka Fujinkai) cookbook, these are also available. A cookbook with 338 recipes that includes some old style comfort food recipes. Cost is \$12. Call Cathy Murayama at 808.283-6125 or email info@paiamantokuji.org to order. If you would like the cookbook mailed to you, please add \$3 postage for each book.

Mantokuji's Rummage & Plant Sale is Back!

Saturdays, November 6, 13, and 20
9:00am – 1:00pm

With the relaxing of the COVID-19 restrictions, Mantokuji will be opening their Rummage & Plant Sale on three Saturdays in November. We have a large selection of rummage, furniture and plants. We will also have a section of collectibles, cement pots and Halloween and Fall decor. NO food will be sold at this Sale.



Come early for the best selections!



Masks will be required, proof of vaccination with ID will be required as well as social distancing while shopping. A limited number of people will be admitted into the hall at a time. When a person/persons leave, that many people will be allowed to enter.



Bishop's Office Newsletter

Soto Zen Buddhism Hawaii Office
c/o Soto Mission of Hawaii, 1708 Niuuanu Avenue, Honolulu HI 96817 U.S.A.
Tel & Fax: 808-538-6429 E-Mail: info@sotozenhi.org WEB: <http://global.sotozen-net.or.jp/eng/>

Fourth Quarter, 2021 Issue No. 38

Bishop's Message:

Aloha!

I hope this message finds you in good health and spirit! In what now feels like a very long time, the COVID-19 pandemic continues to loom over the world. I extend my thoughts and prayers to you and your family.

Personally, I had high hopes to be able to travel again to visit relatives in Japan and enjoy the summer season of Bon Dance in Hawaii. However, Japan still requires everyone entering the country to quarantine, and large public events in Hawaii are still not allowed. Additionally, I recently suffered a compression fracture in my already injury plagued spine. I would say that 2021 isn't going the way I had expected.

Although I couldn't travel to Japan, I am so happy that I instead chose to visit my older son Daishu and his family this summer in New Mexico. It was so much fun to play with my four-year-old and six-year-old granddaughters, albeit exhausting! I miss the large crowds at the Bon Dances, but I'm grateful that I can still enjoy chatting with occasional visitors over a cup of tea. The pain in my back is at times excruciating, especially in the morning. Still, I get out of bed each morning and go about my day. I told my son, Rev. Shuji, that as I heal little by little each day, "pain and I have become friends." So, as I enter the final months of 2021, I try to reflect positively upon this year, knowing that there are many things I am grateful for even during a global pandemic.

I encourage you to also try to reflect positively upon your experiences so far in 2021. By continuing to live each day to the fullest, let us be hopeful for a safe and enjoyable Thanksgiving and holiday season. With palms together in gassho and prayer, may the blessing and protection of Kannon-sama be extended to you, your family, and friends. Namu Kie Butsu, Namu Kie Ho, Namu Kie So.

In Gassho.

Bishop Shigen Komagata



Adjusting how you breathe

“呼吸を合わせる (Kokyū wo Awaseru)”
Story by Rev. Daito Noda

Adjusting how you breathe

The Niihama region of Ehime Prefecture, where I did some monastic trainings, has a unique greeting in the morning. It goes like this: “O-hayō, kōkyū shiyon-na? (Good morning! Are you breathing okay?)” Folks respond: “O-hayō, kōkyū shiyoruzo” (Good morning. I'm breathing fine).”

We human beings die when we stop breathing. With a loud cry, we begin to breathe immediately after being born. Our lives end with a sigh at our last breath. We breathe in and out without thinking about it, according to the laws of nature. It would be the height of arrogance to not be awed and grateful at being able to breathe this way. There are people who are sick, who can no longer breathe on their own, and who must receive oxygen at a hospital. People in the Niihama care about each other by greeting others by asking if they are breathing.

This year, how about focusing on the source of our life, the very act of breathing? We must get to know ourselves well, in order to breathe in just the right amount of air suitable for our bodies. In addition, we must not neglect how we breathe, no matter when or where we are.

I think that how one breathes is the same as one's personal rhythm. At its essence, the universe moves according a particular rhythm. If we can align our own rhythm with that of the universe, I believe great energy will be unleashed. This universe is also called the Buddha's world. If you wish to improve exponentially or wish to accomplish more than what you think you can, how about starting by working out your own appropriate breathing pattern?

Alright. Here is the Niihama Style response: “Yes, I'm breathing fine.”



Donations made in September

We would like to sincerely thank you for your very generous donations.

General Donations

Deborah Cowgill, Tammy Honjiyo, Susan S.Morohashi, Robert & Natalie Sato, Diana S. Yamauchi.

Faith F. Ito	In Memory of Yukie Nihei
Hideo & Joyce Kawahara	Ohigan & Ryosoki Service
Wendee C. Murayama	Obon 2021 Donation
Gladys Nagata	Ohigan & Ryosoki Service
Lynn C.Nakamura-Tengan	Nakamura disurnment
Marlene K. Nishimura	In Memory of J. Hifumi
Daniel D. Okada	In Memory of my Great-Great & Great Grandparents Tanaka & Nikaido
Ronald Ouchi	Obon 2021 Donation

Recipe of the Month



Green Beans with Dried Ebi

by Bobbie Arita

1 package green beans, preferably the flat type
Hand full of dried ebi, chopped
Mayonnaise
Salt and pepper to taste

Wash and string the beans.
Cut diagonally into 1 ½" pieces.
Boil beans until tender. Do not overcook.
Drain and rinse with cold water. Pat dry with paper towels.
In a bowl, mix green beans, dried ebi, and mayonnaise (enough to coat beans).
Add salt and pepper to taste.
Refrigerate before serving.
Delicious!

In Memoriam

We express our heartfelt sympathy to the family of:

Miyoko Gusukuma, 88 years, who passed away on May 9, 2021.

We pray for her and give our love and support to her family in this time of great loss.

Namu Kie Butsu, Namu Kie Ho, Namu Kie So



Welcome, New Member

The Mantokuji Sangha extends a warm welcome to the following new member:

Diana S. Yamauchi

We are always grateful to have new members. For information about membership, please contact the temple.

PAIA MANTOKUJI SOTO MISSION
P.O. Box 790207
Paia, HI 96779

NON-PROFIT
U.S. POSTAGE
PAID
PAIA, HI
PERMIT NO. 20

November 2021

	Sunday	Monday	Tuesday	Wed.	Thursday	Friday	Saturday
November		1	2	3	4	5	6
	7 10:00am Family service - Shichi Go San (7-5-3) Ceremony	8	9	10	11	12	13
	14 8:30 am Cleanup, Fujinkai & Kyodan meetings	15	16	17	18	19	20
	21	22	23	24	25	26	27
	28	29	30				

Coming up in December (tentative Schedule)	
Sunday 5	Jodo-e
Sunday 12	Fujinkai clean up & meeting
Sunday 19	End of the Year Clean-up Day
Friday 31	Joya no Kane

Hospital and Hale Makua
Visitations are scheduled during
the month if allowed.