



March 2017

Dates to Remember

Spring O-Higan and Kaisan Rekijyu-ki Services

March 19, 10:30am

March 5th: 40th Bazaar 7:00am to 11:00am

What's New in this Issue

The Mantokuji Quiz

The Recipe of the Month

New Members

Paia Mantokuji Soto Mission

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Mangan Team

Bobbie, Cathy, Isabelle & Rev. Koshin

This month Messages

A heartfelt thank you goes out to all the dedicated members and volunteers for the many hours and days of work put into Mantokuji's annual fundraiser Bazaar. Mahalo for your time and muscle power, and mahalo for the donations of rummage items, food, plants, and services. The money raised will continue to fund our routine operating expenses, our yearly events and services, and our special renovation / restoration projects.

Don't forget that this year's Hanamatsuri service and celebration will be hosted by the Paia Rinzai Zen Mission on Sunday, April 2, 2017. We look forward to seeing more of you there and at our other services and activities throughout the month.

With Aloha, **Eric Moto, President Mantokuji Kyodan**

Aloha, it is my sincere wish that this finds everyone well. We are already into the third month of the year. It is hard to believe how quickly time passes. There is a saying in Zen from the Fukanzazengi (Universal Instructions for Zazen) that goes something like this, "Life is fleeting, empty in an instant, vanished in a flash. My words, Hurry-up, Hurry-up, do not waste time in rectifying the great matter of Life and Death, Wake-up, Wake-up!!!"

Are you here each moment? For each moment is precious. Are you present for your life? Are you doing your life? Or is life doing you? This is not easy; it takes concentration and attentiveness. It takes diligence.

How are you caring for your body and mind? Are you taking care of your temple? Are you nurturing and supporting those around you?

It is already the third month of the year of the Rooster. Are you awake to hear them cock-a-doodle-dooing? Have you made improvements to your life? It is not too late.

Like the waves on the ocean, one after another moments pass, days pass and life passes. This is your time to be here and now.

Please take good care of yourselves and each other.

With great gratitude and respect,

Reverend Koshin

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Dharma Talk from Rev. Koshin

The Six Paramitas or Perfections

As briefly mentioned during the New Year's Blessing Service talk, the six Paramitas or Perfections are virtues perfected by a bodhisattava in the course of their development. A bodhisattava is a person who has arose bodhi-mind (awakened mind), taken the bodhi-sattva vows (the sixteen bodhisattva precepts) and walks the bodhisattva path (follows the Great Way). These will be discussed in subsequent articles.

The Six Paramitas are

1. Dana- generosity, giving of one's self.
2. Sila-discipline, virtue, morality, proper conduct
3. Ksanti- patience, tolerance, forbearance, acceptance and endurance
4. Viriya- energy, diligence, vigor and effort
5. Dhyana-one pointed, concentration, contemplation
6. Prajna- wisdom, insight

Perhaps you can consider which of these you manifest in your life and which of these could use some improvement. Take the first paramita, dana paramita, it consists of beneficence and giving in both the material and spiritual sense. This includes being kind and not keeping accumulated merit for ones self, but dedicating it to all beings. This is what we do when when we chant and dedicate the merit. It means helping when you can. Having a spirit of generosity, saying yes rather than no, being open rather than closed to others and that goes for our world view. This is especially important during these times when we are being fed the message to be fearful; we should actually question why we need to be fearful? Why be fearful and closed off, when we can say "yes" and accept, appreciate and embrace differences. No one needs to suffer, and we certainly do not need to inflict it on others. Over and over history has shown us that intolerance of differences creates fear, thereby creating distrust and violence. In the worst cases war. Ksanti, shows us acceptance and patience. And though Viriya, energy and effort and Dhyana, concentration we are able to achieve Prajna, which is wisdom and insight.

In these times it is important to have your feet solidly on the earth, to question for yourself what you hear and see. By practicing in this way, we can change the world. For you know Sila, virtue and proper conduct, we all know it. Whether we act from it, is a choice.

Yours In the Dharma,

Reverend Koshin

In Memoriam

We express our heartfelt sympathy to the family of **Minoru Iwatake**, 92, who passed away on January 6, 2017. We pray for him and give our love and support to his family in this time of their great loss.

Namu Kie Butsu, Namu Kie Ho, Namu Kie So

Welcome, New Members

The Mantokuji Sangha extends a warm welcome to the following new members:

Thomas Umetsu

Tsukasa, Julie, & Chesna Kamekaneya

We are always grateful to have new members. For information about membership, please see Rev. Koshin.

Fujinkai News

The Fujinkai will be having their monthly meeting and clean up as follows:

March 12, 2017 at 8:30am (cleanup only & bazaar prep)

April 9, 2017 at 8:30am

We thank the Fujinkai members who came on Sunday, January 15th to clean the nokotsudo and temple. Your help is very much appreciated.

Tokuko Abe, Bobbie Arita, Yuriko Fukagawa, Kay Hanano, Shirley Ann Kimizuka, Rev Koshin, Judith Matoi, Carol Moto, C.athy Murayama, Bernice Nagato, Isabelle Scholl, Sachie Toyota, and Misa Umetsu.

Mahalo to the members and friends who came on Saturday, January 28th and on Sunday, January 29th to prepare the lunch and decorate the hall for our New Year's Party.

Bobbie & Howard Arita, Kathleen Davis, Yuriko Fukagawa, Kay Hanano, Donald & Shirley Kimizuka, Judith Matoi, Carol Moto, Eric Moto, Cathy Murayama, Melina Murayama, Wendee Murayama, Doreen Sarceda, Rory Sarceda, Isabelle Scholl, Sachie Toyota, and Brian Watanabe.

Kyodan Meeting Report

The Kyodan meeting was held on January 15, 2017. Below are some of the things that were discussed at the meeting. Please join us for future meetings and be involved in these important discussions.

- Welcomed new resident minister – Reverend Koshin
 - Reverend Koshin thanked the Mantokuji Sangha for warmly welcoming her.
- Erosion concerns – committee needs to look at feasibility of options
 - Shoreline protection
 - Acquiring land to relocate temple
- Building permits are being secured for the restoration of the Bell Tower
- Renovation of minister's residence
 - Interior painting and new flooring completed
 - Window coverings and new screens are in process
- Nehan-e and Ojuzu Mawashi Service and New Year's Party on Sunday, January 29, 2017
- Annual Bazaar to be held on Sunday, March 5, 2017
- Rev Koshin reported on the meeting she had with the Board on January 4, 2017
- Fundraising ideas are being explored
- Isabelle Scholl was elected as the new Vice President due to the resignation of Kathleen Davis on December 1, 2016
 - Kyodan Officers for the remaining of their 2-year term (ends in 2017)

President:	Eric Moto
Vice President:	Isabelle Scholl
Secretary:	Cathy Murayama
Treasurer:	Brian Moto
Board of Directors:	Bobbie Arita, Kay Hanano, Sachie Toyota
- Rev Koshin will attend Ministers' meeting on Sun, Feb 25, 2017
- Rev Koshin, Eric Moto, Bobbie Arita, & Cathy Murayama will attend the HSMA meeting on Sun, Feb 26, 2017
- Next Kyodan meeting will be on Sun, April 9, 2017

Quiz of the Month

Who was the founding minister of Mantokuji and in what year was Mantokuji founded?

Find the answer in the April Mangan.

Last month's answer:

"The Nehan-e service is held in observance of Shakyamuni Buddha's passing."

Nehan-e & O-Juzu Mawashi Services and New Year's Party

January 29, 2017

The Nehan-e and O-Juzu Mawashi Services were held on Sunday, January 29th in conjunction with Mantokuji's New Year's Party. Thank you to all who participated in the services as well as the New Year's Party.



Everyone enjoyed the delicious lunch prepared by the Fujinkai and Kyodan members and friends. Thank you to all who shared their desserts, fruits and side dishes that added to the lunch: Naoko Curry, Yuriko Fukagawa, Joyce Kawahara, Shirley Ann Kimizuka, Judith Matoi, Caro Moto, Cathy Murayama, Yukie Pye, Nicole Saito, Carol Suzuki, Naomi Takahashi, and Misa Umetsu.



She encouraged Mantokuji to host Hanafuda card playing days to bring the young and seniors together. Playing hanafuda brought back fond memories of childhood days for some, and a new experience for those who learned. Lots of laughter and joy filled the hall as we all played hanafuda.

Thank you to Hideo and Joyce Kawahara and Marion Watanabe's Ohana for their donations to help make the gift bags for everyone. Thank you to Colin Watanabe for sponsoring Helen Nakano's trip from Honolulu.



Following the Nehan-e service commemorating the passing of Buddha and the O-Juzu Mawashi service, a Mantokuji tradition of forming a large circle and passing the beads of a very large o-juzu from hand to hand, we were welcomed into the fellowship hall by the drumming of the Mantokuji Taiko Group. Joyce Masuda entertained us by singing two songs and Joyce Kawahara prepared the yaki mochi as we anxiously waited for lunch. Thank you to Naomi Takahashi for the many origami roosters that adorned the luncheon tables and to Kay Hanano for the beautiful table arrangements.



After lunch, we were treated to a presentation by Helen Nakano of Hanafuda Hawaii. She shared her knowledge of the hanafuda card game, a How to Play Hanafuda video, and facilitated the playing of Hanafuda. In her presentation, she shared that she began playing hanafuda with her granddaughter who lives in California as a way to stay connected with her.



Zen luncheon & Lecture: *Shōjin Ryori*

January 21, 2017



Naoko Moller (we introduced her in the Dec. 2016 Mangan) came to Mantokuji to give us a lecture about Zen Buddhist vegetarian cooking. She explained the foundation of Zen cooking, its tradition, ingredients, and ways of preparing and serving meals in Buddhist temples. At the end of the lecture, she demonstrated how to serve the different dishes of the meal she prepared for us before the lecture. The menu was composed of:

- Main dish: Fried tofu with grated daikon sauce (top left)
- Side dish: Blanched green beans with tofu-peanut cream (top right)
- Rice: Mixed with greens (bottom left)
- Miso soup: Dried daikon with toasted fried tofu (bottom right)
- Pickles: Cucumber pickled in homemade shio-koji (middle)



The top middle dish was a special sweet treat added to this delicious and well-balanced meal. At the end of the luncheon, all of us cleaned our dishes the traditional way using a piece of pickle and hot water. In any case, that day there would have been no other way to clean our dishes because there was no water at Mantokuji!

Baika-ryu Eisanka Workshop

January 29, 2017

We were so fortunate to have guest goeika instructor, Rev. Ryuryo Watanabe from Yamagata Prefecture, Japan. A beginners workshop was held on February 4th-5th. It was a great introduction to Baika, which we hope to continue through monthly practice sessions. It is our sincere hope to reestablish and revive Baiko-ko with new members and new energy. If you are interested please contact Rev. Koshin.



Recipe of the Month



As the weather recently vacillates between hot days and some very cold days, I thought a delicious soup recipe would be an appropriate recipe to share with all. Our family acquired this recipe quite by accident due to daughter, Wendee's, outspoken and innocent nature. We were visiting at a friend's house one afternoon and her mother was cooking. Upon smelling the soup, Wendee asked if she could have some. After partaking in the soup she exclaimed, "This is delicious! Can I have the recipe?" Hence, we now have this Minestrone Soup recipe that has been made for family and many friends who come from the mainland.

Our family has a tradition of having dinner in Maalaea when family visits from California. Minestrone Soup is always on the menu and hits the spot as the weather cools in the early evening.

Hope you'll make a pot for your family on a cold night and enjoy it together. Thank you Auntie Flo for sharing this scrumptious recipe with Wendee and all of us.

Cathy

Ingredients

- 1 ½ lbs. hamburger
- 1 cup round onions, diced
- 1 cup potatoes, diced
- 1 cup celery, chopped
- 2 cubes beef bouillon (Knorr)
- 2 14 ½ oz. cans stewed tomatoes
- 6 cups water
- 1 bay leaf
- ½ tsp. thyme
- ¼ tsp. basil
- 1 tsp. sugar
- 1 ½ tsp. salt
- 1 cup macaroni

Preparation

Brown hamburger. Drain oil. Add the rest of the ingredients (except macaroni) and cook for 1 ½ hours. Stir in the macaroni and cook till tender.

Optional:

- 1 cup turnip in place of potatoes or in addition to.
- 1 cup raw spinach. Add just before serving

Modification: Use ground turkey in place of hamburger.

Announcements

You are cordially invited to attend the

Spring O-Higan and Kaisan Rekijyu-ki Services

Sunday, March 19, 2017 at 10:30am

The Spring O-Higan is a time to remember and offer spiritual prayers to our deceased loved one. Along with O-Bon and the Autumn O-Higan, it is one of the three major occasions during the year in which we join with family and friends to make our offerings to our departed loved ones. O-Higan is also a time to reflect on the six paramitas (six perfections) and concentrate on nurturing our inherent Buddha Nature. In doing so, we naturally and spontaneously bring peace and morality to all those around us,

The Kaisan Rekijyu-ki is a memorial service for the founder and successive deceased ministers of Mantokuji. We will honor them at the same time as we observe the O-Higan service.

Please come and join us for this occasion on March 19, 2017 at 10:30 am.

Library

Mantokuji is proud to announce a lending library. Books and resources on Zen and Buddhism will be available for check-out on a two-week basis. We are still in need of more relevant materials for the Mantokuji library. If you would like to donate either materials or your time, please contact Rev. Koshin. Mahalo.

40th Annual Bazaar Update

Sunday, March 5, 2017 7:00am – 11:00am

The Mantokuji Sangha and friends have begun working to prepare for this BIG event. Be sure to tell your family, friends and neighbors to come by for the delicious food, great rummage bargains, produce, crafts, plants, and furniture. For you Mantokuji nishime lovers, nishime will be sold at the bazaar! And for those of you who wait for our egg and nori maki sushi, tickets will be sold at the bazaar for pick up on April 15.

Be sure to arrive early on **Sunday, March 5**, to get the best deals and the delicious food!

Food items include: nishime, chow fun, ohagi, sponge drops, butter cake, pies, manju, donuts and much more!

Donations are still being accepted . . . rummage, ingredients, potted plants, vegetables, flowers, and craft items.

Please let us know if you have items to donate. Call Rev Koshin at 579-8051 or email her at mantokuji@hawaiiantel.net

See you on **Sunday, March 5th**!

Help Needed

Revised Schedule

February		
Wednesday 15	8:30am	Bazaar Prep
Saturday 18	8:30am	Bazaar Prep
Sunday 19	8:30am	Bazaar Prep
Wednesday 22	8:30am	Bazaar Prep
Saturday 25	8:30am	Bazaar Prep
Sunday 26	8:30am	Bazaar Prep
March		
Wednesday 1	8:30am	Bazaar Prep
Thursday 2	8:30am	Nishime Prep
Friday 3	8:30am	Nishime / Chow Fun Prep
Saturday 4	7:00am	Making Manju
Sunday 5	5:00am	Making spam musubi

Donations made in January

We would like to sincerely thank you for your very generous donations.

General Donations

Colbert Abe, Masako Abe, Ryan Arita, Claire Ching, Linda Decker & Karen Morrow, Toshi Domae, Addison "Bud" Harrison, Natalie Hashimoto, Faith Kasahara, Elaine Komine, Vaughn & Gwen Kunishige, Jane Kusuno, Anne Masuda, Joyce Masuda, Paul & Jessie Mizoguchi, Eric Moto, Norma Nakamura, Helen Nakano, Herbert Otaguro, Clifford & Sanae Saito, Stanley Sato, Isabelle Scholl, Sharon Shimabukuro, Celia Suzuki, Robert & Carol Suzuki, Clyde Suzuki, Les & Linda Takahashi, Mitsue Tamanaha, Sharon Taniguchi, Carol Tanji, Setsuko Toyooka, Bernice Ueoka, Thomas Umetsu, Kenneth & June Uyeno, Sally Yoshina, Karl & Linda Yoshioka, Edward & Hideko Zwick

Carole K. Endo	In Memory of Takeo Endo
Shirley K. Endo	7 th Year Memorial Service for Takeo Endo
Jeral & Karlynn Fukuda	In Memory of Douglas & Clara Sodetani
Todd & Heidi Hiraoka	In Memory of Douglas & Clara Sodetani
Tom & Krystene Lam	In Memory of Douglas & Clara Sodetani
Gladys Nagata	In Memory of Fusao Nagata
Ken & Alma Nakano	Funeral Services for Kimie Ellen Horiuchi
Dr. Seiya Ohata	In Memory of Dr. & Mrs. Seiichi Ohata & Mrs. Kiyoko Ohata
Faith & Garth Sodetani	In Memory of Grandpa Douglas & Grandma Clara Sodetani
Lloyd & Sharon Sodetani	In Memory of Douglas & Clara Sodetani
Sodetani Family LLC	In Memory of Douglas (20 yrs) & Clara Sodetani (10 yrs)
Steve & Ileene Tanabe	In Memory of Douglas & Clara Sodetani

Donations received for New Year's Blessing Services on January 1, 2017 and January 8, 2017

Tokuko Abe, Sabrina Brunner & Chris Tuttle, Erick Domingo, Yuriko Fukagawa, Edith Hiraga, Hideo & Joyce Kawahara, Rebecca Kikumoto, Donald & Shirley Ann Kimizuka, Gary & Judith Matoi, Carol Moto, Eric Moto, Allan & Cathy Murayama, Melina Murayama, Bernice Nagato, Ken & Alma Nakano, Betsy Ouchi, Doreen & Rory Sarceda & Liam Ramos, Mark & Lois Sato, Todd & Midori Suda, Bruce Takahashi, Scott & Kimberly Tanaka, Lorna Toyota & Craig Robertson, Sachie & Eric Toyota, Meyer Leigh & Sharon Ueoka, Colin Watanabe, Edward & Hideko Zwick

Donations received for Nehan-e and O-Juzu Mawashi Services on January 29, 2017

Tokuko Abe, Howard & Bobbie Arita, Sabrina Brunner & Chris Tuttle, Yuriko Fukagawa, Akio & Kay Hanano, Risa Hiester, Rebecca Kikumoto, Donald & Shirley Ann Kimizuka, Gary & Judith Matoi, Eric Moto, Allan & Cathy Murayama, Gladys Nagata, Bernice Nagato, Yukie Pye, Robert & Carol Suzuki, Joyce & Setsuko Takahashi, Michie Tamane, Sachie & Eric Toyota, Misa Umetsu, Brian Watanabe, Edward & Hideko Zwick

Howard Arita for mowing the temple lawn
Kathleen Davis for helping with bazaar preparation and cleaning the temple
Scott Hanano for mowing the temple lawn
Ann Mitchell for helping with bazaar preparation
James Mitchell for helping with Reverend Koshin's move and for helping with bazaar preparation
Allan Murayama for helping to put together and move furniture for the residence and mowing the temple lawn
Shawn Sakamoto for helping to deliver and move furniture into residence
Eddie Tabuso for helping to deliver and move furniture into residence

Special Thanks

A Special Thanks to Maui Businesses

We would like to give a special thank you to the following businesses for items donated for the renovated minister's residence.

Kimos Furniture
Paradise Living Furniture
Hawaiian Interiorz

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	Sunday	Monday	Tuesday	Wed.	Thursday	Friday	Saturday
March				1	2 Shorinji Kempo 3:30-5pm Kids	3	4 7:00 am Zazen
	5 7-11:00am Bazaar 5:00 pm Zazen	6 5:00-6:00pm Taiko	7 Shorinji Kempo 3:30-5pm Kids	8	9 Shorinji Kempo 3:30-5pm Kids	10	11 7:00 am Zazen
	12 8:00am Cleanup 10:00am Fujinkai Meeting Bazaar Evaluation 5:00 pm Zazen	13 5:00-6:00pm Taiko	14 Shorinji Kempo 3:30-5pm Kids	15	16 Shorinji Kempo 3:30-5pm Kids	17	18 7:00 am Zazen
	19 10:30 Spring O-Higan & Kaisan Rekiyuki Services 5:00 pm Zazen	20 5:00-6:00pm Taiko	21 Shorinji Kempo 3:30-5pm Kids	22	23 Shorinji Kempo 3:30-5pm Kids	24	25 7:00 am Zazen
	26 5:00 pm Zazen	27 5:00-6:00pm Taiko	28 Shorinji Kempo 3:30-5pm Kids	29	30 Shorinji Kempo 3:30-5pm Kids	31	

Coming up in April (tentative Schedule)	
Sunday 2	Paia Hanamatsuri Service at Paia Rinzai Mission
Sunday 9	Kyodan & Fujinkai Meetings & cleanup
Sunday 22-23	52 nd UHSSWA Conference (Honolulu)

Hospital and Hale Makua
Visitations are scheduled during
the month.